

# October ACTIVITIES

## Arthritis Foundation Exercise Program

Presented by Partners in Care Foundation

Mon. & Fri., September 19th - October 28th 8:30 am - 9:30 am

## Tech Talk (Appointment Required)

Presented by Alhambra Youth Commission

Thursday, October 6th 4:00 pm - 5:00 pm

## Halloween Craft

Friday, October 14th 9:00 am - 10:30 am

Registration ends September 30th Fee: \$5.00

## Neurological Disorders Workshops

Presented by UCR Health Multispecialty Center, Bhavesh Trikamji, MD

Tuesdays, Oct. 18th & 25th, Nov. 1st 1:00pm - 2:00pm

## Academy of Motion Pictures

Thursday, October 20th 9:30 am - 4:30 pm

Fee: \$30.00

## "Trustees & Planning for Aging Parents" (Virtual Course)

Presented by Carlos Arcos, Elder Law Attorney

Thursday, October 20th 11:00 am - 12:00 pm

## Health Screenings (Cholesterol & Eye Exams)

Presented by Garfield Health Center

Monday, October 24th 11:00 am - 1:00 pm

## BINGO

Co-sponsored by SCAN Fee: \$5.00

Thursday, October 27th 9:00 am - 11:00 am

## Halloween Lunch

Monday, October 31st 10:30 am

Registration ends October 25th Fee: \$7.00

To register or for more information on activities  
contact the Joslyn Adult Center at (626) 570-5056

Monday-Friday, 7:00 am - 5:30 pm

